

RECOVER – 3rd Press Release

RECOVER prepares to launch its 2nd project output:

Capacity-Building Programme for professionals and sports coaches

The RECOVER consortium is pleased to announce that work on the project's second output, the Capacity-Building Programme, is now entering its final stage. This new programme builds directly on the findings of the [Needs Analysis Report](#) and aims to strengthen the skills, confidence and cooperation of professionals who support victims of trafficking through sports participation. The full programme will be published on the RECOVER website in **February 2026**.

RECOVER works to promote safe, inclusive and empowering sports environments for survivors of trafficking by bridging the gap between the anti-trafficking sector and the sports community. The Capacity-Building Programme represents a key step in this process, offering structured guidance for both experienced practitioners and professionals who are new to trauma-informed sports activities.

What the Capacity-Building Programme includes

- Training modules on trauma-informed approaches in sports activities
- Guidance on safeguarding, communication and participant wellbeing
- Tools for adapting sports sessions to survivors' physical and emotional needs
- Methods for building trust, motivation and confidence in group settings
- Recommendations for cooperation between sports organisations, NGOs and public authorities
- Case examples and scenarios based on real challenges faced by practitioners

Looking ahead

Once published, the Capacity-Building Programme will accompany the project's upcoming e-guide and awareness-raising toolkit, creating a comprehensive set of resources for organisations working with survivors of trafficking. In addition, the consortium will organise training sessions and practical workshops for stakeholders in 2026, offering opportunities to apply the new tools in real settings and to strengthen cooperation between the anti-trafficking and sports sectors.

The consortium looks forward to sharing the final version of the Capacity-Building Programme in February 2026.

Visit www.recover-project.eu

to learn more and follow the project's next steps

