

RECOVER – 2nd Press Release

RECOVER publishes its first project output: Needs Analysis Report on using sports to support victims of trafficking

The RECOVER consortium is pleased to announce the publication of its **first project output, the Needs Analysis Report**, which explores how sports can contribute to the recovery and reintegration of victims of trafficking. The report offers a structured overview of needs, existing practices and capacity gaps across partner countries, forming the basis for all next project activities.

What the Needs Analysis Report covers

- **The value of sports for survivors:** participation can support confidence, emotional regulation, trust-building and social reconnection when activities are adapted to individual needs.
- **The need for trauma-informed approaches:** many coaches and trainers are willing to engage but lack specific knowledge of trauma and exploitation, making structured guidance essential.
- **Capacity gaps among professionals:** both the sports sector and anti-trafficking services require clearer tools, protocols and cooperation models to safely integrate sports into recovery pathways.
- **Limited cross-sector collaboration:** existing partnerships between NGOs, public authorities and sports organisations are often informal and short-term, indicating the need for more stable frameworks.
- **Low public awareness:** the role of sports in supporting recovery remains under-recognised, reducing opportunities for victims to access inclusive activities.

How this output shapes the next steps of RECOVER



The insights from the Needs Analysis will directly inform:

- A **capacity-building programme** for sports coaches, trainers and professionals supporting victims of trafficking.
- An **e-guide** with practical methods, examples and tools for using sports in survivor-centred ways.
- An **awareness-raising toolkit** to highlight the added value of sports for recovery and reintegration at community and policy levels.

These resources will equip stakeholders with practical guidance and strengthen cooperation across the anti-trafficking and sports ecosystems.

The RECOVER partnership remains committed to creating safe environments where survivors can engage in sports with dignity, support and confidence. The Needs Analysis Report provides a common foundation that will guide the development of future project outputs and ensure that they respond directly to identified needs.

Find the Needs Analysis Report at:

www.recover-project.eu

and follow the project's next steps

