

About RECOVER

Our mission is to **empower survivors of trafficking** to rebuild their lives through the **transformative power of sports**.

We train sports professionals to **recognise and support survivors of human trafficking**, providing them with the tools, knowledge, and resources needed to **create safe and empowering environments through sport**. By fostering a network of informed professionals, we enable survivors to **reclaim their lives, rebuild their confidence, and reconnect with their communities**.

Together, we harness the power of sport to **promote healing, inclusion, and long-term reintegration**.



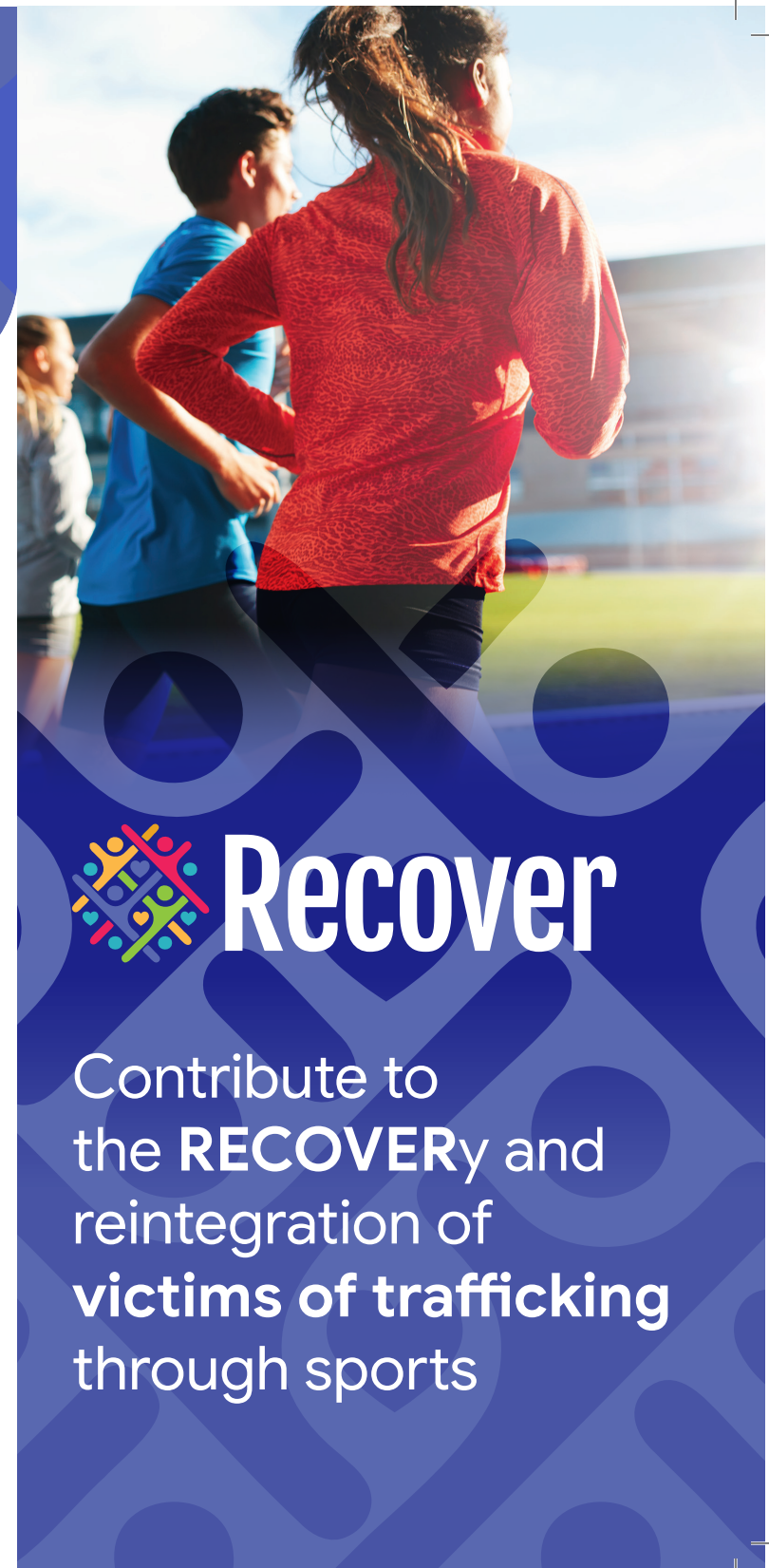
Find out how **you** can be part of the change

www.recover-project.eu



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Recover

Contribute to
the **RECOVERY** and
reintegration of
victims of trafficking
through sports

Trafficking in Human beings (THB) inflicts profound physical, psychological, and social trauma on its victims that can shape survivor's entire life. Sport offers a powerful path to recovery, rebuilding health, confidence, and reconnecting survivors with their communities.

Who is RECOVER for?

- Sports trainers and coaches
- Professionals and practitioners in the field of trafficking
- Public authorities, policymakers, and institutional representatives
- Victims of trafficking in recovery
- Civil Society Organisations (CSOs) and Non-Governmental Organisations (NGOs)
- Everyone interested to learn about the transformative power of sports

Our objectives

1 Train sport professionals to effectively **support and empower survivors of trafficking** through a comprehensive training programme.

2 Raise public awareness of sport's role in recovery and **promote the inclusion** of physical activity in reintegration programmes.

3 Promote the EU values.

Promote **equality** in sports, including gender equality.

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How we achieve our goals

- **Design** a hands-on capacity building programme that connects and upskills sports professionals.
- **Reach** and train 700+ sports professionals on the power of sport in survivors' recovery.
- **Develop** practical resources that make survivor participation in sport accessible and safe.
- **Run** awareness campaigns that put sport's healing potential in the spotlight.
- **Build** e-hubs where professionals network, share experiences, and support one another.